





Come back
to me with
all your
heart

my easter JOURNEY



	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				WHAT IS GOD ASKING OF YOU THIS LENT?	SLOW ME DOWN LORD AND LET ME LISTEN TO YOU	MY CROSS WILL HELP ME GROW IF I ACCEPT IT.	PRAY ABOUT THE NEWS + EVENTS TODAY
1	ASK FOR HELP TO OVERCOME THE OBSTACLES AND TEMPTATIONS IN YOUR LIFE	BE AWARE OF CHRIST IN THOSE WE MEET TODAY	SING YOUR FAVOURITE HYMN	PRAY FOR ALL OUR PRIESTS AND THOSE PREPARING FOR THE PRIESTHOOD	SPEAK WITHOUT REGRET	PRAY & FAST FOR THE HUNGRY GIVE TO CAFOD	FIND FIVE MINUTES TO BE QUIET WITH GOD
2	PAUSE AND SEE JESUS WATCHING YOU WITH GREAT LOVE	PRAY FOR THOSE WHOSE HEARTS ARE BREAKING TODAY	GOD IS WITH US IN THE BAD TIMES AS WELL AS IN THE GOOD. TRUST HIM.	CAN YOU LAUGH AT YOURSELF?	PRAY FOR ALL SCIENTISTS ESPECIALLY MEDICAL ONES.	FORGET HURTFUL RECOLLECTIONS	PRAY TO MARY FOR ALL MOTHERS & BABIES
3	DEEP INSIDE US IS A THIRST FOR GOD. DON'T QUENCH IT WITH FOOD, T.V. ETC. ETC.	LISTEN TO YOURSELF, TO OTHERS AND TO GOD	WHOM DO I NEED TO FORGIVE?	SMILE - BE HAPPY GOD IS GOOD	PRAY FOR THE GRACE TO MAKE RIGHT CHOICES	GREED IS ALWAYS AT ANOTHER'S EXPENSE	LORD, IT IS WHAT YOU THINK ABOUT ME THAT MATTERS
4	DO I LOOK WITH GOD'S EYES OF LOVE OR AM I BLINDED WITH ENVY, GREED, ETC.	PRAY FOR THE SICK & ELDERLY & THOSE WHO CARE FOR THEM.	WE ARE NOT CALLED TO BE SUCCESSFUL ONLY FAITHFUL.	PRAY FOR ALL OUR MENFOLK.	WHAT ARE THE PRIORITIES IN MY LIFE?	PRAY FOR THOSE WHO FIND THEIR BURDENS TOO HEAVY TO BEAR.	RESPECT OTHER PEOPLE'S GIFTS & PERSONALITIES
5	REFLECT ON THE DEPTH OF GOD'S LOVE FOR YOU AND YOURS FOR HIM	GIVE PRAISE AND ENCOURAGEMENT TODAY	SPEAK CALMLY ABOUT WHAT NEEDS TO CHANGE DON'T CONDEMN	IS THERE SOME HELP NEEDED IN CHURCH?	PRAY FOR THE GIFT OF SORROW	DO I REALLY WANT TO BE CHANGED AND HEALED?	PREPARE FOR CONFESSION
6	READ A PART OF CHRIST'S PASSION SLOWLY	BE KIND AND WELCOMING	PRAY FOR THE VICTIMS OF RACIAL WARS AND ABUSE.	DO SOMETHING FOR YOUR FAMILY TODAY	THANK JESUS FOR THE GIFT OF HIMSELF IN HOLY COMMUNION	LOOK AT A CRUCIFIX & PONDER ON THE UNSELFISHNESS OF JESUS	I KNOW THAT MY MERCIFUL LORD, FRIEND & REDEEMER IS ALIVE



he is risen  alleluia  alleluia