

26 green ideas to make a massive difference in the run up to COP26

COP26—the UN’s annual conference on climate related issues—is taking place in Glasgow this November. We have a vital opportunity to encourage world leaders to truly listen to climate experts and commit to making genuine, lasting change: to reduce greenhouse gas emissions; to protect the world’s poorest people living on the frontlines of the climate crisis; and to save our common home!

Here are 26 ideas — from simple, practical steps to crucial goals to shoot for — to show the world we mean business.



1. Keep politicians out of wellies

Rising global temperatures means increased flooding, even here in the UK. Let’s make sure things don’t get any worse so we don’t have to see even more politicians hunting for photo opportunities in flooded villages!

2 Wash clothes in cold water

Studies show that washing in cold water is just as effective and uses far less energy.

3. Retro is in, so reuse your old clothes

Could you challenge yourself to buy no new clothes for 12 months and help reduce the carbon footprint of fast fashion?

4. Upcycle your furniture

Give your old sofas, chairs and tables a brand new, shabby chic, upcycled pizzaz!



5. Insulate your home - in a poorly insulated home, 25% of your heat is lost through the roof before you even feel it.

6 Make your money work for the planet

Switch to an ethical bank or building society that doesn’t invest in fossil fuels.

7. Tell people this one brutal fact about water scarcity

One in three people around the world don’t have access to safe drinking water.

8. Plant your own vegetable garden, or start a community garden



9. Save our rainforests

Why not fundraise towards our *Save the Rainforest World Gift* with a group of friends? Visit worldgifts.cafod.org.uk



10. Eat less meat

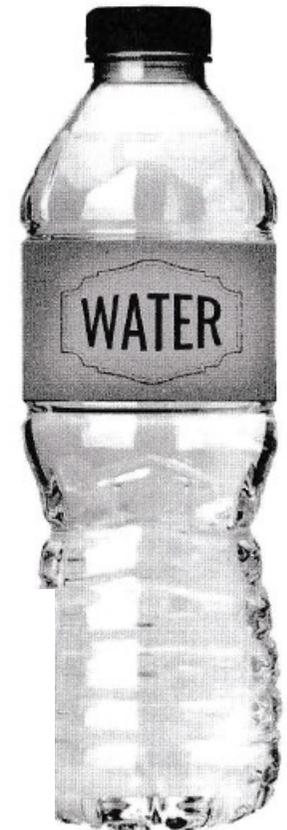
11. Reduce your food waste

12. In fact, reduce your everything waste!

The UK produces more than 100 million tonnes of waste every year. One tonne is about the weight of a small car.



13. Don’t drink bottled water





14. Stay grounded

One flight can produce more CO2 than the average person in many countries does in a year. See if you can go without flying this year, and take your holidays by train or boat instead.

15. Protect the coral reefs

Warmer air and ocean temperatures cause coral bleaching, where corals lose their beautiful colour and die - and when they're gone, they're gone for good.

16. Walk, walk everywhere

Is there anything better for your mind, body and soul?

17. Get a train, bus or tram for longer journeys.



18. Take part in Great Big Green Week this September

Find out more at greatbiggreenweek.com

19. Assure clean air for all

Pollution, particularly in urban areas, is having a serious effect on our health. Air pollution can lead to asthma, heart disease and lung disease.

20. Won't somebody please think of the coffee?!!

Coffee producers around the world are seeing reduced harvests because of the rapidly changing and unstable climate.

21. Use those bags for life



22. Be a proud environmentalist

Don't be afraid to speak to people about the importance of caring for our common home. Your voice has power.

23. Donate to our Climate Crisis

Appeal - Help support the world's poorest people living on the frontlines of the climate crisis.

Visit cafod.org.uk/climatecrisis

24. Keep the pressure on the fossil fuel industry

25. Come together to combat the climate crisis

The village of Ashton Hayes in Cheshire didn't need government help, special technology or extra funding; neighbours worked together to change behaviours, reduced their energy usage and achieved a 24% reduction in emissions.

**Take action
to stop the
climate crisis!**

This year, the eyes of the world will be on Britain as we host world leaders for the UN 'COP26' climate talks. Call on the Prime Minister to use this historic opportunity to protect our common home.

26!

Keep COP26 on track

Scan the QR code to sign our petition to make sure world leaders at COP26 stay focused on reducing greenhouse emissions.

Sign our petition now

Scan the QR code or go to cafod.org.uk/cop26/petition



"... Climate change is a global problem with serious implications ... It represents one of the principal challenges facing humanity in our day."

POPE FRANCIS

